

Beech Hall School

PSHE Policy

At Beech Hall, we teach Personal, Social, Health Education as a whole-school approach to underpin children's development as people and because we believe that this also supports their learning capacity.

We use the Jigsaw Programme as it offers us a comprehensive, carefully thought-through Scheme of Work which brings consistency and progression to our children's learning in this vital curriculum area. The scheme supports our pupils' personal development and reflects the ethos of the school and the Values we award for behaviour and attitude. It links with our Safeguarding and Equality Duties, the Government's British Values agenda and the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our pupils.

We value PSHE as one way to support children's development as human beings, to enable them to understand and respect who they are, to empower them with a voice and to equip them for life and learning. We include the statutory Relationships and Health Education within our whole-school PSHE Programme.

To ensure progression and a spiral curriculum, we have elected to use Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning programme, tailoring it to the needs of each class. This programme's complimentary update policy ensures we are always using the most up to date teaching materials and that our teachers are well-supported.

The Jigsaw Programme is aligned to the PSHE Association Programmes of Study for PSHE.

Our PSHE policy is informed by the following guidance:

- Keeping Children Safe in Education (statutory guidance)
- Working together to safeguard children
- Equality Act 2010
- Preventing and Tackling Bullying (advice for schools, including advice on cyberbullying)
- Sexual violence and sexual harassment between children in schools (advice for schools)
- Promoting Fundamental British Values as part of SMSC in schools (guidance for maintained schools on promoting basic important British values as part of pupils' spiritual, moral, social and cultural (SMSC
- Respectful School Communities: Self Review and Signposting Tool (a tool to support a whole school approach that promotes respect and discipline)
- Behaviour and Discipline in Schools (advice for schools, including advice for appropriate behaviour between pupils)
- SEND code of practice: 0 to 25 years (statutory guidance)
- Alternative Provision (statutory guidance)
- Mental Health and Behaviour in Schools (advice for schools)
- The Equality and Human Rights Commission Advice and Guidance (provides advice on avoiding discrimination in a variety of educational contexts)
- SMSC requirements for independent schools (guidance for independent schools on how they should support pupils' spiritual, moral, social and cultural development).

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Whole-school approach

Jigsaw covers all areas of PSHE for the primary phase including statutory Relationships and Health Education.

The table below gives the learning theme of each of the six Puzzles (units) and as these are taught across the school the learning deepens and broadens every year.

| Term | Puzzle (Unit) | Content |
|------------------|------------------------|--|
| Autumn 1: | Being Me in My World | Includes understanding my own identity and how I fit well in the class, school and global community. Jigsaw Charter established. |
| Autumn 2: | Celebrating Difference | Includes anti-bullying (cyber and homophobic bullying included) and understanding |
| Spring 1: | Dreams and Goals | Includes goal-setting, aspirations, who do I want to become and what would I like to do for work and to contribute to society |
| Spring 2: | Healthy Me | Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices, sleep, nutrition, rest and exercise |
| Summer 1: | Relationships | Includes understanding friendship, family and other relationships, conflict resolution and communication skills, bereavement and loss |
| Summer 2: | Changing Me | Includes Relationships and Sex Education in the context of coping positively with change |

At Beech Hall, we allocate a dedicated lesson to PSHE each week in order to teach the PSHE knowledge and skills in a developmental and age-appropriate way.

These explicit lessons are reinforced and enhanced in many ways:

- assemblies
- merit and Value system
- through relationships - pupil to pupil, adult to pupil and adult to adult across the school
- we aim to 'live' what is learnt and apply it to everyday situations in the school community
- in order to strengthen a vital aspect of our pastoral care - the Form Tutor/class relationship

As far as the timetable allows, Form Tutors deliver the weekly lessons to their forms.

Links to Other School Policies and Documents

This policy should be considered with due reference to other school documentation, including;

- Safeguarding policy
- Online safety policy

- Subjects policies and schemes of work, including those for science, PE and RSE
- Anti-bullying policy

Jigsaw PSHE documents -

- Statutory Relationships and Health Education
- Including and valuing all children. What does Jigsaw teach about LGBTQ relationships?

Monitoring and Review

The school is committed to monitoring and evaluating the effectiveness of its PSHE Programme and uses a range of approaches, including assessment of the pupils' knowledge and understanding, pupil feedback and staff review and feedback.

The policy is reviewed on an annual basis.

August 2023